

Current
Ongoing
Sessions
Available

Thursdays 9:30-10:20 AM

-or-

Fridays 10:00-10:50 AM

Parents to Remain for Session

Groups are limited to 6 children!!!

4 week session is \$100.00

Due prior to start date

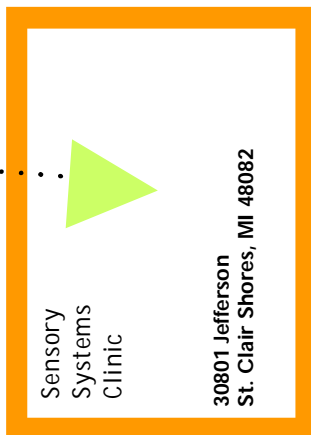
Make checks payable to:

Sensory Systems Clinic

30801 Jefferson

St. Clair Shores, MI 48082

586-293-1234



Sensory
Systems Clinic

A Parent/Child
Sensory Play
Group:
3-5 Years

Sensory
Stars

Phone: 586-293-1234



Sensory Stars *can* Motivate Your Child

Sensory Stars is a small sensory motor group that will use movement and fine motor activities to improve the following:

- Sensory Processing
- Self Confidence
- Parent-Child Interaction
- Play Skills
- Social Skills
- Body Awareness
- Motor Planning
- Fine Motor Skills
- Visual Motor Skills
- Eye-Hand Coordination
- Listening Skills
- Upper Body Strength
- Self Regulation



What's Great About a Sensory Play Group?

Sensory Play Groups encourage socialization and self confidence in a child. While participating in interactive gross motor games and fine motor activities the child will improve sensory processing skill, body awareness, motor planning, visual motor skills, safety awareness, verbal skills and eye-hand coordination.



Our Play Environment

We have a secret at Sensory Systems Clinic. Sensory activity changes the brain and all learning takes place through sensation!

- 43 places to suspend equipment to stimulate the balance and **movement sense**
- Ball bath, bean pool, and tactile games and compression vests to calm and stimulate the sense of **touch**
- Weighted toys, heavy blankets and oscillation to provide information to **muscles and joints** for improved body awareness
- Four different **listening** systems to improve **auditory** processing
- **Visual** environment and activities to calm and excite!

Peggy McCourry, MS, OTRL, an Occupational Therapist with over 20 years experience working with young children, will present innovative techniques that will motivate each child to learn and participate in new, exciting activities. Handouts with additional fun activities for use within the home will be provided.

What's Great About Movement?

Movement is the foundation from which all other skills develop. It is through movement that a child develops trunk stability, body awareness, bilateral integration, balance and mastery of the environment.

Once these foundation skills are developed a child can improve eye-hand coordination, ocular motor control, motor planning, hand development, visual perceptual and fine motor skills.

With these skills in place, attention, language, daily living activities and academic learning can take place.

Movement stimulates the vestibular system and auditory nerves, which in turn stimulates speech. While participating in movement activities children tend to use more language.

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